

Kofta

- 1 lb (500g) ground meat (lamb, beef, or a mix)
- 1 medium onion, finely grated and squeezed of excess liquid
- 1/4 cup finely chopped fresh parsley
- 2-3 cloves of garlic, minced
- 2 teaspoons of your homemade kafta spice blend
- 1 tsp salt
- 1/2 tsp black pepper
- chili powder (optional)

Cook on air fryer rotisserie setting at 350F and carve as it cooks after 30min

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